

Rural Health Foundation
ANNUAL REPORT



2022

This block contains branding elements for the Rural Health Foundation. On the left, the RHF logo (a heart with 'RHF' inside) is next to the text 'Rural Health Foundation'. In the center, a white flag with the RHF logo and text is flying against a blue sky. The bottom right corner features a teal square with the RHF logo.

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Rural Health foundation is an Oregon registered and a global nonprofit established with the goal to provide access to quality healthcare for people from low-income communities who have little or no access to good medical facilities.

MISSION

To provide quality healthcare to people from low-income populations or poor communities.

VISION

To have a world where the poor can get the same quality of healthcare as everyone else.

2022

—A MILESTONE YEAR

In February of 2022, Rural Health Foundation was officially registered as a 503 (C1) nonprofit in Portland, Oregon. In a few months later, we got our tax exempt status. Our generous founding members and board of directors helped us raise an initial \$2000, which is enough start our activities.

2022 was a very impactful year marked by several milestones that brought us closer to achieving our goals in certain low-income communities in Ghana, West Africa

Our First \$5000 Year

Thanks to our community's incredible generosity, in 2022 we raised more than \$5000 for the first time. Most importantly, it's the first year of our operations, so it was a big boost to our confidence that we could do more to provide access to quality healthcare for people living in rural communities



Our first
Year



We're on a mission to end unequal access to quality healthcare. With the help of passionate supporters, an incredible team, and world-class partners who made 2022 our best year yet, we're closer now than ever.

Kpendua Medical Outreach

In April, we sent a team of Senior Nurses from Portland - Oregon and 5 final year medical students from the University of Ghana to Kpendua, a village in the Northern region of Ghana for our first health outreach. This event was in partnership with the CHPS compound under the Ghana health service. More than 200 locals were impacted. We donated medical supplies to the community clinic.



Ashaiman Medical Outreach

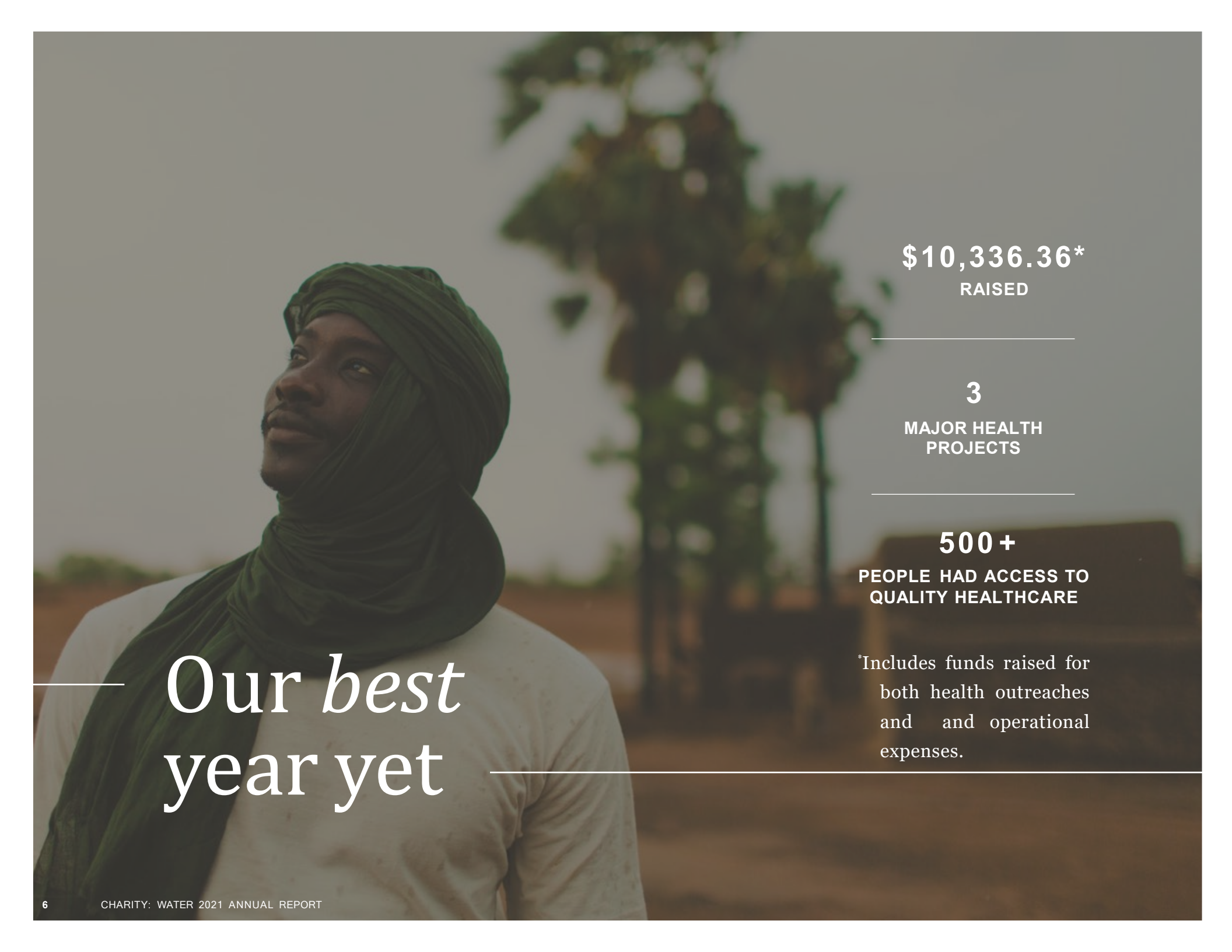
We launched a breast cancer awareness creation and screening programme organised as part of Breast Cancer Awareness Month, which occurred in October. The event was run in the Ashaiman Municipal township in Accra, Ghana.



Savelugu Medical Outreach

We kept an ongoing monthly maternal health programme with the Savelugu community clinic in Tamale. We had our resident Sonographer conduct free ultrasound scans for all pregnant women. This programme was well patronized and appreciated by the locals.





Our *best*
year yet

\$10,336.36*
RAISED

3
MAJOR HEALTH
PROJECTS

500+
PEOPLE HAD ACCESS TO
QUALITY HEALTHCARE

*Includes funds raised for both health outreaches and operational expenses.

Rural Health Foundation
Profit & Loss
 January through December 2022

Cash Basis

	Jan - Dec 22
Ordinary Income/Expense	
Income	
Direct Public Support	
Individ, Business Contributions	10,336.36
Total Direct Public Support	10,336.36
Total Income	10,336.36
Expense	
Business Expenses	
Business Registration Fees	50.00
Total Business Expenses	50.00
Contract Services	
Legal Fees	550.00
Outside Contract Services	213.01
Total Contract Services	763.01
Fundraising Expenses	450.79
Operations	
Bank Fees	65.03
Event Expenses	6,622.25
Merchant Fees	46.82
Printing and Copying	163.22
Website	530.00
Total Operations	7,427.32
Travel and Meetings	
Travel	1,243.77
Total Travel and Meetings	1,243.77
Total Expense	9,934.89
Net Ordinary Income	401.47
Net Income	401.47



WITH GRATITUDE

2022 was a record-setting year, thanks to the generosity and kindness of our global community of supporters.

They organized campaigns, gave up birthdays, used their creativity to raise awareness and funds, became monthly givers, sponsored entire the purchase of our first Portable Ultrasound device, fully underwrote operations expenses, and stayed committed through the continuing uncertainty of the pandemic.

We are deeply grateful to everyone who made our mission possible.



Board of Directors

US BOARD OF DIRECTORS

PRESIDENT

Isaac

Issah Armstrong

VICE PRESIDENT

Archibald

Nyamekye

TREASURER

Lanita

Issah Armstrong

OUR COMMITMENT

One year in, our commitment to our founding principles is stronger than ever.

100% Model

As always, 100% of all public donations fund our health projects.

Transparency and Proof

We prove every project by publishing photos and findings, and we continue to receive the highest grades available for accountability and transparency.

Local Partners

We partner with experienced local organizations who build sustainable, community-owned health projects.



2022

OUR JOURNEY CONTINUES

From the beginning, it's been our mission to provide access to quality healthcare for people living in low-income communities. When we set out on this journey, we didn't know we would receive the amount of support and help as we did.

We are inspired by our supporters around the world who have sacrificed, strategized, and rallied for clean water. We are humbled by the courage and resilience of the people we serve. We are grateful for the lessons we've learned over the years that make us stronger today. And we are more determined than ever to see the day when everyone, everywhere, has access to clean and safe water.

Here's to the next years.



2022